



Crook County Sheriff's Search and Rescue



308 NE 2nd Street, Prineville, OR 97754
541-447-6398

www.ccssar.org

**READING
THIS PAMPHLET
COULD SAVE YOUR LIFE!**

“Survival Kit”

Now is the time to make up such a kit. Carry it with you. Place it in your outdoor gear.

THE THREE ESSENTIALS FOR SURVIVAL

1. **WATER...TO SUSTAIN LIFE**
2. **SHELTER...FROM COLD, WIND, RAIN, SNOW—KEEP DRY**
3. **HEAT...WARMTH, SMOKE, COOKING, COMFORT**

SUGGESTED BASIC SURVIVAL KIT

**WATER*MAP*COMPASS*SAW/HATCHET*MATCHES*
CANDLE*WHISTLE*ROPE*KNIFE*TARP*FIRE
STARTER*METAL CONTAINER WITH LID*SUGAR
CUBES*BOUILLON*TEA BAGS*FIRST AID KIT**

BASIC SURVIVAL ITEMS

WATER WATER WATER WATER



Large trash bag/tarp/rope

- *As a rain coat
- *As a wind break
- *As a ground cloth
- *As a shelter



Metal Container with lid

- *As a container for small stuff
- *As a drinking cup
- *As a cooking device



Waterproof matches, firestarter, candle, knife

- *To start a fire
- *To cut material for fire



Boullion, sugar cubes, tea bags

- *To provide something warm and flavorful to drink, this can provide much contentment



First Aid Kit

- *Always a necessity!!



Remember

****KEEP HYDRATED!**

****Do not travel at night**

****Learn to use your survival gear**

****Don't take the trip alone, if you must separate, stay in contact**

****Tell family and friends where you are going, and stick to your "plan".**

****Know your area, carry a map and compass**

****Make camp near water, but not on a flood plain**

****The recognized distress signal is 3 signals repeated at regular intervals. USE YOUR WHISTLE, save your voice**

****Be weather wise. Wetness and wind increase body heat loss and reduce your chances of survival. Fog changes landscapes and hides landmarks**

**** Have proper equipment—just in case**

****Do not over extend yourself**

**** A fire at night helps in many ways. Gather fuel before dark**

****Take the time to think. DO NOT PANIC—your life will be in your hands, will it be in good hands?**

It is not a disgrace to get lost, but if you do, remain in one place. Searchers will be looking for you! Think, your brain is your best survival tool.

OUTING PLAN

General Area: _____

Date Left: _____ Return Date: _____

FRS/CB/Ham Radio Channel: _____

Cell phone (# and carrier): _____

“The Plan”: _____

Name: _____

Emergency Contact : _____

LEAVE THIS INFORMATION WITH A RESPONSIBLE PARTY
(FRIEND, FAMILY MEMBER, NEIGHBOR)/ON YOUR
VEHICLE IN LEFT CORNER OF WINDSHIELD

We are asking you to be proactive in your own safety by filling this out and giving someone a copy! This is so your family, friends, or neighbors can give us information in the event you become “temporarily misplaced” (lost), injured, or in trouble!

Thank you, from your family, friends, neighbors, and
Crook County Sheriff’s Search and Rescue!

In case of an emergency call 9-1-1

www.ccssar.org